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# Weekend **Forecast**

Friday	311
AM Clouds	1-
PM Sun	
Cloudy	
75°/61°	





Sunday Sunny 76°/61°



# Police Protect and Serve at Tip-A-Cop **Fundraiser Event**



The Torrance Police Department took "protect and serve" to another level as officers served as celebrity waiters at local restaurants to donate tips they received to local Special Olympic programs. See more photos on page 3. Photo by Charlene Nishimura.

# **Council Shares Information on ExpressLanes**

By Dylan Little

On Tuesday, the Torrance City Council invited Metro Representative Kathy McCune to give a short presentation on the ExpressLanes pilot project. The program would convert 25 miles of carpool lanes into combination toll lanes and high occupancy vehicle (HOV) lanes. The one-year trial of the system will begin this fall on the 110 freeway and in early 2013 for the 10 freeway. The goal is to have a more even distribution of traffic and reduce the amount of unused pavement in Los Angeles' carpool lanes.

"The way this works is, it offers a choice for solo drivers now to use the carpool lanes, that will now be ExpressLanes," said McCune. "So as people shift over into those lanes, it frees up space in the general purpose lanes. It balances out the traffic a little better and allows both parts of the freeway to flow better."

The program also comes with an increase focus of mass transit, with Metro and other transit lines along the route getting increased service and ideally faster commutes for those lines' riders. Torrance Transit received funds for four additional buses to serve the ExpressLanes corridor during the pilot program. If the program doesn't continue, the funding for these buses will end but the City will be free to use the buses wherever they are needed in the entire Torrance Transit system.

After the presentation, Mayor Frank Scotto had a couple of specific questions about the operation of the toll lanes. During McCune's talk, she mentioned that when the toll lane becomes too congested, the toll prices will change to read HOV only. Scotto wanted to know what happens to a solo driver if the lane restriction changes from tolls to HOV only. Will they have to exit immediately or can they continue to drive in the toll lane? McCune answered that solo drivers will not

be forced to exit the toll lane.

"You'll be fine if you entered and it didn't say HOV only--your trip is fine," said McCune. "It's for all those other people who were contemplating entering the lane. Those are the people who CHP will pull over, and our penalty is that for those people they will be charged the maximum rate for their trip."

Scotto's also wondered if the rate increases while a driver is in the toll lane, will they

pay a higher fee or do they pay the fee based on when they entered. McCune responded that the rate displayed when a driver enters is the rate they'll pay for their entire trip in the toll lane. "Your rate is locked in from the time that you entered," said McCune. "If the price goes up after you entered the lane, it doesn't affect you."

Councilmember Cliff Numark asked See Council, page 11

# **Torrance Residents Win Style Competition**

By Cristian Vasquez

first finalists in the South Bay Galleria's Project Style contest, an online fashion competition that provided fashion enthusiasts an opportunity to showcase their style abilities. The round one winner, Christy Chen, and the round two winner, Jennifer Gonzalez, are now set to compete in a final Style-Off competition scheduled for September 15 for a grand prize of a \$1,000 shopping spree.

"I'm usually not one to enter contests," Gonzalez said. "When I got home that night, I filled out the application and submitted it--it was a spur of the moment. I had nothing to lose and being that I have been styling for the past year, I figured I was a good candidate."

Project Style began in May and each month since then there has been a new opportunity for contestants to enter. At the end of each month, two finalists are selected. The finalists from each month then move on to the next round, at which

point they can put their creative minds Two Torrance residents were named the to work again. Each of the contestants receives a \$150 Galleria gift card so they can go out and purchase an outfit, after which they must create a video. Whichever video receives the highest votes becomes the finalist. On August 15 there will be two new contestants. The mall will promote the competition via social media, its website, through e-mails and text messages. In addition, contestants are expected to promote their videos online. Voting will take place between August 15-30 and at the end, whoever has the highest votes will become the finalist.

"Right now, we are ready to launch the fourth contest in Project Style," Marketing Director Mickey Marraffino said. "The person who wins the overall contest will win a \$1,000 South Bay Galleria gift card and then they will be entered into the grand finale contest, which is a national online contest."

For the live final Style-Off, Project

See Style, page 3

# SMILE awhile



Smile, you are on candid camera! My 11-month-old Aidan showing off his cute teeth! Provided by Becky Cheng.

While on Gibraltar in April 2012, we were treated to closeups of the Barbary Apes (actually they are Macaques). This one was appearing to casually ignore me, while still looking out for a thrown peanut. Photo taken by Jon Olson with a Panasonic DMC-FZ35.





Gerald Saiz checking out the corn for dinner! Provided by Nancy Saiz.

Readers send us your photos! Do you have a favorite photo? An old yearbook photo? Glamour Shot? Baby photo? We want them. We will accept only one photo, per person, every month. Once a month, we will pick a "Staff Favorite" and the winner will get a \$25.00 gift certificate from one of our advertisers.

Email your photos to: Management@heraldpublications.com. We will only accept emailed photos and they must be in jpg form.

# Calendar

### Thursday, August 23

• Torrance as a "Modern Industrial Garden City", 6-8 p.m., Torrance Historical Society & Museum, 1345 Post Ave. For more information call (310) 328-5392.

### Saturday. August 25

- Free Movie in the Park, beginning at dusk (around 8:00 p.m.), El Retiro Park 126 Vista del Parque. For more information call (310) 618-2720.
- Free Saturday Nights Summer Concerts: Pure Play, 6:00-9:00 p.m., The Courtyard, 1261 Cabrillo Ave. For more information call (310) 320-2332.
- Celebrity Lecture Series: Warriors' First Wings and Photojournalist Frank Mormillo, 11 a.m.-1 p.m., Western Museum of Flight, 3315 Airport Dr. For more information call (310) 326-9544.
- Amanda Chun & Blue Condition, 9 p.m.-1 a.m., Texas Loosey's, 22252 Palos Verdes Boulevard.

### Sunday, August 26

- Downtown Torrance Antique Street Faire, 8 a.m.-3 p.m., 1317 Sartori Ave. For more information call (310) 328-6107.
- Walking Tour of Old Torrance, 1:30 p.m., beginning at the Torrance Historical Society & Museum, 1345 Post Ave. For more information call (310) 328-5392.

### Tuesday. August 28

• City Council Meeting, 7-10 p.m., City Hall, Council Chamber, 3031 Torrance Blvd. For more information call (310) 618-2870.

### WEDNESDAY, AUGUST 29

• Make N Take for Kids, 11 a.m.- 2 p.m., at the Western Museum of Flight, 3315 Airport Drive. Email info@wmof.com or call (310) 326-9544 for reservations.

### Thursday, August 30

• "Late Night Thursday" featuring guest speakers, 6-8:p.m., Torrance Historical Society & Museum, 1345 Post Ave. For more information call (310) 328-5392.

### SATURDAY, SEPTEMBER 1

• Raer Occasion, 1-8 p.m., Ken Miller

### Recreation Center, 3341 Torrance Blvd.

## SUNDAY, SEPTEMBER 2

• Art in the Park, 9 a.m.- 4 p.m., Columbia Park, 4045 190th St. For more information call Debbie Collins at (310) 618-2376.

### TUESDAY, SEPTEMBER 4

• Artful Days: After the Renaissance: Mannerism and the Protestant Reformation, 12:10 p.m.-1 p.m., George Nakano Theatre, 3330 Civic Center Drive. Free admission. For more information call (310) 618-2326.

### nday, September 9

• Third Annual "Hops For Health" to raise awareness for Men's Cancers, 5-8 p.m., Red Car Brewery and Restaurant, 1266 Sartori Ave. For more information call Theresa Plakos at (310) 376-3550.

### Thursday, September 13

• South Bay Republican Women Federated monthly Luncheon Meeting, 11 a.m., DoubleTree Hotel, 21333 Hawthorne Blvd. For more information call Gloria at (310) 326-9340 or Vera at (310) 320-1431.

### Saturday, September 15

- 20th Annual Fall Bazaar, 9 a.m.-4 p.m., Torrance Cultural Arts Center, 3330 Civic Center Drive. For more information call (310) 618-2930.
- 20th Annual Health & Resource Fair, 10 a.m.-2 p.m., 4223 Emerald St. For more information call (310) 370-4515 ext. 101.

### NDAY, SEPTEMBER 16

• Downtown Torrance Centennial Parade. For more information visit www. TorranceCentennial.org, or call the City Manager's Office at (310) 618-5880.

### WEDNESDAY, SEPTEMBER 19

• South Bay Cities Genealogical Society presents "Torrance: Who Do You Think You Are?", 7 p.m., James Armstrong Theatre, 3330 Civic Center Drive. For more information call (310) 781-7171.

### Ongoing

• Downtown Torrance Market Place, every Thursday, 3-7 p.m. For more information call (310) 787-7501 or (310) 328-6107.

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# **Business Briefs**



Tania Richardson

# TANIA RICHARDSON OPENS STATE FARM OFFICE

State Farm Agent Tania Richardson joins the family of Good Neighbor Agents in Torrance. Richardson's office is located at 17715 Crenshaw Blvd. and officially opens at 9 a.m. on Saturday, September 1. The community is invited to stop by and meet the new neighbor. The office hours are 8:30 a.m. to 6:30 p.m. Mondays through Fridays, 9 a.m. to 1 p.m. on Saturdays and by appointment on Sundays.

Before becoming a State Farm Agent, Tania proudly served in the United States Army for three years and was a veteran of Desert Storm by the age of nineteen. Tania was also a television personality and featured in the hit Bravo reality show "The Real Housewives of Atlanta!" and opened "Beauty Fetish Apothecary and Salon" in Atlanta, Georgia which grew into a thriving

business. In addition, she worked in restaurant management for Bone's Restaurant, one of the nation's best known and highest rated steakhouses.

Next up, Tania Richardson is set to open her State Farm Agency on September 1. The agency will be located between Artesia and 182nd Street in the white State Farm office building. Tania is fully licensed and can provide auto, homeowners and life insurance in addition to retirement planning. Her multi-cultural team is equally dedicated to providing first-rate customer service. For additional information, her website is: www. insurewitht.com. •

# INVESTING IN YOUR COMMUNITY'S HEALTH

Members of the Torrance Memorial Medical Center Heritage Society attended the group's annual luncheon on July 20. The Heritage Society is designed to recognize individuals who want to give something back to their



Cindy Williams, M.D., Endocrinology

community through a financial planned gift to the hospital. Heritage Society members provide an endowment that will serve South Bay residents for generations to come. Examples of such gifts included bequests, charitable trusts, gift annuities and gifts of insurance policies. Guests at the luncheon heard from Cindy Williams, M.D., endocrinology, who presented an overview of "the top-10 things you need to know to stay healthy." To learn more about the Heritage Society and how you can contribute to the future health of your community, call Joe Ward, director of Gift Planning for the Torrance Memorial Health Care Foundation, at 310-784-4843.

### TORRANCE AREA CHAMBER OF COMMERCE'S BUSINESS EXPO & SHOWCASE 2012

The Torrance Area Chamber of Commerce is now accepting applications from local businesses interested in participating in the annual Business Expo & Showcase on Thursday, October 11, 2012 at the Torrance Marriott. Exhibitors will have the opportunity to interact with other area professionals and showcase their products and services to anticipated 400-500 attendees. The theme is "Achieving Goals". Participants are encouraged to decorate and dress in their favorite sports or team for a chance to win awards for best booth displays voted on by attendees. "Night on the Town" Raffle Drawing for one lucky winner. Various booth spaces and price options available. Sponsorship Opportunities include benefit entitlements, special recognition, and promotion. Early reservation discounts if received by September 7th. For reservations, call Lisa Rodriguez at 310-543-3113 or visit www.torrancechamber.com/events. •

# Torrance Dines Out, Tips Cops and Helps South Bay Special Olympics

On Wednesday, Aug. 15, the Torrance Police Department hosted a lively "Tip-A-Cop" event at Tony Roma's Restaurant where all tips from dinner patrons benefited the local



South Bay Special Olympics athletes. Several officers and other police department personnel worked as greeters, waiters and bartenders and a total of \$3,190 was raised along with \$300 donated directly from Tony Roma's. Photos by Charlene Nishimura.



Representing Special Olympics participants were (left to right) AJ Fry, Mark Chandler, Faren Griffin, Alex Good and Erin Rice. Photos by Charlene Nishimura

Style from front page

Runway designer Nick Verreos and The Style Network's host of *How Do I Look?*, Jeannie Mai, will be present as hosts. The live finale, which will take place at the South Bay Galleria on September 15, will provide an opportunity for all finalists to compete in an in-person style-off by selecting and modeling an outfit from the shopping center.

"I was in Vegas the day the winner was announced," Gonzalez said. "I had lost track of dates. My boyfriend was the one to break the news to me. I was so excited and I'm really looking forward to the final round."

For Gonzalez, fashion requires that the

stylists balance many elements that can make or break an outfit. "It's about knowing what looks good on you and what fits right--knowing what pieces are timeless and classic," she said. "When it comes down to shoes, comfort is all. Every stylist knows that you need a really comfortable pair of flats because we are always running around shopping for clients, or on set. There are no boundaries between comfort and style. Incorporating the two is quite easy for me."

The response to the project has been big and for organizers, the entries have been impressive. The national event includes the

malls across the country that had also been running the contest. In addition to the grand prize winner receiving money, they will also qualify for a chance to win a trip to Mercedes Benz Fashion Week 2013 in New York City, alongside Verreos.

"Some of the contestants have been a lot more sophisticated than others," Marraffino said. "Some of them [contestants] are fashion bloggers, so because there are bloggers they have a little more experience with video."

Gonzalez, who has had experience with fashion, believes that her dedication and hard work in the past have allowed her to

succeed in South Bay Galleria's Project Style. "After I took a workshop, I started interning for different stylists--each stylist referred me to a different person and so on," Gonzalez said. "Before I knew it, I was interning with Rihanna's stylist, Madonna's stylist and many other amazing people--getting the opportunity to attend the Grammys, American Idol finale, and being on set of music videos for these very talented artists."

Despite her experience in the field, Gonzalez saw the contest as an opportunity to challenge herself in the field she has been passionate

See Style, page 11

# **Looking for the Torrance Tribune?**

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Chamber Of Commerce 3400 Torrance Blvd.

Chase Bank 2549 P.C.H., Torrance

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Home Team Realty 23900 Hawthorne Blvd.

ISU - ERG Insurance Agency 3300 Sepulveda Blvd.

Jack's Pizza 5007 P.C.H., Torrance

Japanese Restaurant 20920 Hawthorne Blvd.

Ken's Market 901 Inglewood Blvd.

L. A. Fitness 3550 W. Carson St #404

La Cocina 4438 W. 182nd St.

Levy Adult Center 3420 W. 229th Place

Lingley Chevron Extra Mile 23420 Crenshaw Blvd.

**Little Company Of Mary Hospital** 4101 Torrance Blvd.

Little Company Of Mary Medical Cntr 4201 Torrance Blvd. Marriott Courtyard 1925 190th St.

Miyako Hybrid Hotel 21381 S. Western Ave.

Mercedes Benz 3233 P.C.H., Torrance

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Ralphs 1413 Hawthorne Blvd.

Ralphs , 5035 P.C.H., Torrance

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**Southeast Torrance** 23115 Arlington Ave.

Southwood Cleaners 22232 Palos Verdes Blvd.

Star Dental 2370 Crenshaw Blvd., Unit G,

Starbuck's Coffee 5005 P.C.H., Torrance

Staybridge Suites Hotel 19901 Prairie Ave.

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Thai Massage 24020 Vista Montana #A

The Depot 1250 Cabrillo Ave.

The Little Gym 20914 Hawthorne Blvd.

Tony Roma's 24301 Crenshaw Blvd.

Toraya Ramen Restaurant 24231 Crenshaw Blvd., #D **Torrance Bakery** 1341 El Prado Ave.

Torrance City Hall 3031 Torrance Blvd.

Torrance Cultural Arts Center 3320 Civic Center

Torrance Library 3301 Torrance Blvd.

Torrance Library 4805 Emerald St.

Torrance Police Dept. 3300 Civic Center

Torrance Recreation Center 3341 Torrance Blvd.

Tortilla Cantina 1225 El Prado Ave.

Tucker's Market 3690 Newton St. Vince's Spaghetti 23609 Hawthorne Blvd.

Wahoo's Fish Taco 3556 Torrance Blvd.

Walgreens 2690 P.C.H., Torrance

Walgreens 4142 P.C.H., Torrance

Walgreens 2976 W. Sepulveda Blvd.

Walgreens 2321 Hawthorne Blvd, Redondo Beach

Walgreens 22930 S. Western Ave.

Walser's Art Supplies 23145 Kashiwa Court

West End Raquet & Health 4343 Spencer St.

Western Museum of Flight 3315 Airport Drive

Yamabuki Restaurant 23863 Hawthorne Blvd. YMCA Torrance-South Bay 2900 E. Sepulveda Blvd.

Zina's Restaurant 4125 Calle Mayor

# Police Reports

The crimes listed are crimes where a report was taken by law enforcement agency and submitted for investigation. The outcome of the investigation or any criminal court proceeding are not considered when reporting crimes. The crimes are listed as follows: arson, simple assault, aggravated assault-weapon, auto theft, auto burglary, commercial burglary, residential burglary, homicide, strong-arm robbery, robbery with a weapon, theft and vandalism. The City of Torrance, or its employees or agents, shall assume no liability for: 1. Any errors, omissions, or inaccuracies in the information provided regardless of how caused; or 2. Any decision made or action taken or not taken by reader in reliance upon any information or data furnished hereunder.

# Compiled by Cristian Vasquez AUGUST 11

Vandalism: 21900 BLOCK WESTERN AVE Suspect(s) smashes victim's vehicle's side window/no entry, no loss.

**Burglary Auto**: 4300 BLOCK REDONDO BEACH BLVD Suspect(s) smashes window for entry and takes property/purse.

### **AUGUST 10**

**Burglary Auto**: 2500 BLOCK AIRPORT DR Suspect(s) enters vehicle via unlocked door, ransacks, and takes property/iPod.

**Arson**: 1800 BLOCK ANDREO AVE Suspect(s) set fire to trash can.

**Battery-Simple**: 20900 BLOCK ANZA AVE Suspect kicks and punches victim multiple times.

### **AUGUST 9**

**Theft**: 2000 BLOCK 184TH ST Suspect(s) takes property from victim's vehicle exterior/4 rims, 4 tires.

**Theft**: 18300 BLOCK TAYLOR CT Suspect(s) takes property from victim's vehicle exterior/spare tire.

**Theft**: 2900 BLOCK SEPULVEDA BLVD Suspect(s) takes property from two separate unlocked lockers/cell phones.

**Battery-Simple:** 4200 BLOCK 181ST ST Suspect repeatedly punches victim in head and upper body and uses a leash to strike victim's face.

Burglary-Auto: 4200 BLOCK REDONDO BEACH BLVD Suspect(s) defeats vehicle's door lock for entry and takes property/cell

**Burglary Residential**: 2500 BLOCK 164TH ST Suspect(s) smashes window for

entry, ransacks and takes property/safe.

**Burglary-Auto**: 2300 BLOCK SANTA FE AVE Suspect(s) smashes window for entry, ransacks and takes property/CD player, speaker, amplifier, cash.

**Auto Theft-All**: 2000 BLOCK ARTESIA BLVD Stolen vehicle: '05 Chevrolet Van.

### **AUGUST 8**

**Burglary-Auto**: 2400 BLOCK SEPULVEDA BLVD Suspect(s) smashes window for entry and takes property/Auxiliary cable.

**Vandalism:** 2500 BLOCK CABRILLO AVE Suspect(s) uses spray paint to damage the exterior of 7 separate vehicles.

**Burglary-Auto**: 5300 BLOCK CARMELYNN ST Suspect(s) enters vehicle by unknown means and takes property/camera, third row seat.

**Vandalism**: 3900 BLOCK 238TH ST Suspect(s) punctures victims vehicle's tire.

**Auto Theft-All**: 22000 BLOCK HAWTHORNE BLVD Stolen vehicle: '98 Acura Integra.

**Burglary-Commercial:** 4300 BLOCK REDONDO BEACH BLVD Suspect(s) pries open door, unable to defeat second door's lock/no entry, no loss.

**Theft:** 20300 BLOCK ANZA AVE Suspect(s) cuts lock securing property to pillar and takes same/bicycle.

### **AUGUST 6**

**Vandalism**: PENNSYLVANIA AVE & 233<sup>RD</sup> ST Suspect uses spray paint to damage victim's vehicle's exterior.

**Vandalism**: 18200 BLOCK ASHLEY AVE Suspect(s) shoot projectiles at victim's residence window causing damage to same.

**Burglary-Residential**: 3400 BLOCK 224TH ST Suspect(s) attempts to pry open front door/no entry, no loss.

**Burglary-Auto**: 2600 BLOCK SKYPARK DR Suspect(s) smashes window for entry and takes property/cash.

**Vandalism**: 21000 BLOCK WESTERN AVE Suspect(s) cause damage to victim's vehicle's door panel exterior by unknown

**Burglary-Residential**: 2600 BLOCK 176TH ST Suspect(s) defeats door lock for entry and ransacks/no loss at time of report.

**Theft:** 2700 BLOCK LOMITA BLVD Suspect(s) enters open office and takes unsecured property from underneath desk/cash, bank cards.

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# A Student's Perspective

# Don't Steal My Bike!

### By Glen Abalayan, Torrance High School Student

According to *Wired.com*, cycling is approaching another golden age. With the increase in the number of high quality bikes for affordable prices, more people are choosing to use cycling as their favored form of transportation. But as the number of bikes on the road increases, so does the audacity of potential bike thieves. Compared to the petty bike thieves of yesteryear, today's thieves form criminal networks to plan heists, rob homes and steal thousands of dollars worth of bicycles. The theft of bicycles from individuals and dealerships needs

to be stopped in order to prevent it from hindering the growth of cycling's popularity and discouraging potential cyclists from reaping its many benefits.

A popular subcategory on a site named Reddit briefly summarizes this view. In its bicycling subcategory (otherwise known as a "subreddit"), the front page is filled with users submitting photos of renovated bikes, state-of-the art cycles and videos of their daily commute. The user-submitted content of the front page shows the brighter side of cycling and cements the fact that cycling is approaching another golden age. But the subreddit also shows the darker side of cycling, as it is littered with photos of recently stolen bikes, the lamentations of theft victims and news reports of entire dealerships being robbed of thousands of dollars worth of cycles. An example of such an event happened in August when thieves robbed over a hundred thousand dollars worth of bicycles.

The August 11 edition of the Canberra Times shows how lucrative today's bike thieves are. The article reported a story of how 26 high-end Trek bicycles were stolen from a locked trailer near the Trek offices in Fyshwick, Australia. The bicycles stolen were top-of-the-line Trek racing bicycles each costing over \$10,000. In less than two hours, the thieves managed to steal one hundred \$183,000 worth of bikes, devastating Simon Thompson, the company's marketing manager. The daring raid of the famous bicycle distributor cannot have been achieved by just one man and showed bike thefts' evolution from a simple job to something straight out of Ocean's Eleven.

Bike thieves are even resorting to home robbery to get what they want. In a May 8 article of the *Los Angeles Times*, bike thieves robbed Jet Tanner's home and went away with his daughter's custom-made bicycle worth over \$5,000. According to police, bike thieves are now using sites such as Craigslist and Facebook to acquire more thousand-dollar bicycles. The thieves who were arrested knowingly used fake aliases to contact the owner and obtain the owner's home address.

The rise in bike sales and popularity is in direct correlation to the increase in bike thefts. Compared to robbing items of equal value, such as jewelry or small cars, bicycles are the easiest object to steal. The average bike thief would only need a minute to break a bike lock and only needs a few days to sell it on the Internet or flea markets. Compare this to jewelry, which requires an intricate plan, or cars, which

are relatively simple to track. The lack of a proper location to place a bicycle is also to blame because of the fact that a simple chain is the only object preventing a thief from stealing a bike. Unfortunately, most of the chains used by cyclists can be easily broken by a determined individual with a pair of \$15 wire cutters.

But cyclists are now retaliating against bike thieves. A video posted on August 14 on YouTube showed how far a man can go retrieve his stolen bicycle. The owner of the bicycle, a user by the name of "Simon Jackson," posted a video of how he travelled 160 miles to catch the person responsible for stealing his bicycle. Jackson even organized his own sting when he asked the thief where he got the bike and showed him evidence that he did in fact steal the bicycle. Law enforcement has also decided to catch bike thieves at their own game by strapping GPS devices on trap bikes and arrest anyone attempting to run away with the trap bike. Ordinary citizens are also doing their part in preventing bike theft by educating cyclists through classes and videos and keeping an eye out for thieves. But even with all the added support cyclists are receiving through outside sources, they should not be dependent on these sources and still focus on keeping their bike protected at all costs.

With the introduction of quicker and more effective ways to steal a bike, cyclists must rely on more than just a bike lock to protect his bicycle. Unfortunately, a pair of \$15 wire cutters can easily break simple chains and locks. To add another level of protection, cyclists should invest in a "U-Lock," or a chain from the same company. A good rule of thumb is to spend 20 percent of your bike's worth in keeping it protected. It is also advisable for cyclists to lock their bike along its frame instead of its spokes whenever possible because thieves can easily detach the wheel and steal the more expensive frame. It is much easier to replace a stolen wheel than the entire rear end of the bicycle.

In the case of a theft, cyclists should have pictures of their bike beforehand along with registering its serial number. The serial number is usually located under the bike's crank. It is important to document a bike's serial number so that the owner has feasible proof that the bike is his. It is also advisable to attach a GPS to the bike to easily retrieve it if the bicycle gets stolen. Newer versions of GPS technology can fit under the bike's seat or reflector and can send a text if it senses movement. Taking these precautions prevents bike theft and makes a thief dedicate more time to steal it, and thus blows his cover.

With the increased demand for bicycles, so grows the amount of thieves trying to make a quick buck. The accessibility of bicycles and their owners' lack of protection make bicycles one of the fastest growing objects in underground markets. It is the cyclist's responsibility to be properly educated in keeping their bike safe from the greedy hands of thieves. With the ever-evolving methods of stealing bicycles, cyclists should always stay one step ahead of their malevolent counterparts and educate others from becoming victims of this selfish crime.

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# Politically Speaking

# **One Man's Opinion**

### By Gerry Chong

For several days, the neighborhood talking cat went AWOL and everyone went into a panic mode. We declared an Amber Alert and initiated a door-to-door search. Finally, lo and behold, we found him modeling uniforms in a military supply store. He had on shiny riding boots, tan jodhpurs, a chest full of medals, and a blue sash diagonally across his chest. He snapped a riding crop on his boot and commanded a white bull terrier to sit at heel.

"Who the heck are you," the neighbors chorused, "George Patton?"

"Naw," said the cat. "I'm Mitt Romney's battle planner. I've got the whole campaign laid out and it's working perfectly." With that, he unrolled a series of papers on a table while the neighbors gawked over his shoulders.

"Now you noticed that coming out of the Primaries, we were pretty beat up and didn't have much money. So rather than jumping out with a whole lot of aggressive and Obamaprovoking positions, we cooled it and left him with little to specifically attack. As my old friend Muhammad Ali said, 'Let's do a rope-a-dope thing and let him swing at things that don't hurt, but sap his assets.' Like Ali, we encouraged him to waste his money while we raised and conserved ours. In the last three months, Obama has outspent us three-to-one and is having trouble raising more, but we have outraised him by substantial margins, conserving our cash for the final three months. We have now raised as much as Obama, but have way more cash on hand because we plan on peaking in November--not August.

"What has this spending bought Obama? Among registered voters he is even with my man, but among likely voters, Mitt's leading. Now black ministers are calling him a traitor and are organizing against him for

destroying black families. Romney has cut into Obama's standing with Jewish voters with unequivocal support of Israel. Catholics are offended by Obama's threat against their right to practice their religion. Hispanics are disappointed at the lack of a comprehensive immigration law. Young voters are struck by massive unemployment. All in all, the Democratic coalition is teetering and will likely grow weaker with each subsequent economic report."

A key element in Mitt's campaign is that he will not pander to separate segments of society by race, gender, age or religion, emphasizing distinctly separate Americas. Instead he views us as a single nation facing common problems that require uncommon solutions.

Fascinated, a neighbor asked, "How do you see the campaign moving forward"?

"Well," said the cat, "our selection of Paul Ryan is a game-changer. Contrast Ryan's specific tough love requirement to cure our economic ills with Treasury Secretary Tim Geithner's confession that 'we're not here to tell vou we have any answers. We just don't like yours.' We recognize that Ryan is a lightning rod for Democratic attacks, but he'll give as good as he gets and addresses serious problems with serious proposals. As Mitt says, Ryan will force Obama to 'get his campaign out of the gutter' of distracting political ads that most people understand are intended to move discussions away from the economic disaster we face.

"We're building momentum, ramping up, taking the offensive, separating ourselves from Obama on issues such as Israel's defense. People will see the difference between our principled stance against Muslim aggression and the muddled Obama approach to appeasement.

"Gradually we will increase the pressure on Obama, forcing him to defend his record,

See One Man's, page 11

# **Political Penguin**

### By Duane Plank

So Mitt "The Glove" Romney has now made his earth-shattering choice for his running mate and the conservative Romney did not choose to think outside of the box and select a female running mate. As championed in this very column weeks ago.

Nope, he selected the somewhat obscure Congressman Paul Ryan of Wisconsin, who is, according to a tad bit of research, the Elephant Party champion of cutting taxes. Cutting them for regular Joes. Cutting them for the less fortunate. And all fired up about cutting taxes for the wealthy.

Okay, on balance, I am always going to initially be in favor of cutting taxes. Who in his right mind wants to fork over more dinero to Uncle Sam? Criminy, we are taxed up the wazoo. Fed tax, state tax, income tax, petrol tax. Tax on tax on tax. And all to achieve what? More pork-belly handouts, more seemingly well-intentioned government programs that don't seem to cut the mustard, that tend to hand out the payola to the administrative muckey-mucks, who, to give them the dubious benefit of the doubt, may try to do the right thing, but it seems that a lot of our money is wasted, doesn't it?

So, have to admit that I did not know a whole lot about Congressman Ryan before Romney's pollsters and handlers anointed the 42-year-old as a possible President of the United States. Sure, that can happen, if somehow "The Glove" outpoints the POTUS, the hard-fundraising Barack Obama in the general election which will be taking place in about 10 weeks.

Congressman Ryan could be the President of the United States sometime in the next eight years. Or in the next 12, if "The Glove" were to somehow knock off the incumbent Prez. serve out his statutory two terms and then turn over the reins to the youthful Ryan. Chances of that happening, according to some very unscientific odds gleaned from unsavory sources: 'bout two percent.

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But Ryan is the choice. And, as mentioned in a prior column, not sure that too many of us will have our vote influenced by the second banana on the ticket. Predictably, Ryan's speech writers crafted some nice alliteration when the youthful Congressman addressed the world after being anointed by the Romney camp.

Ryan said that America is a "nation facing debt, doubt and despair." And shockingly, blamed the aforementioned three Ds on the current campaigning his butt-off POTUS. "Regrettably, President Obama has become part of the problem...and Mitt Romney is the solution," cheered the youngster Ryan. Who happens to be a couple of decades younger than the 65-year-old Romney.

Now of course, the Demos were more than ready to shoot their slings and arrows at whomever the Republicans selected to be the man or woman in the shadows as the 2012 campaign heats up. The poli pundits pontificate to us that not a lot of folks pay attention to the November election until the semi-official end of summer descends upon us the day after Labor Day. A day that may find me in Sin City, by the way, if I can work out some all-important logistics on a couple of ends. But, as I occasionally do, I digress. So the Demos painted Ryan as a selection that will wreck all the freeloads that the Demos have so patiently and painstakingly crafted over the last few years, hitched to taking more money out of our pockets via taxes?

Initially, the POTUS demurred from making any comments about the Ryan selection. The Prez was too busy wandering around his old stomping grounds in the Chicago area, trying to raise more payola for his reelection bid. Now, I am sure that every President has spent his fourth year in office fundraising, saying basically to heck with running the country, trying to solve the nation's ills, but didn't you, didn't we, expect a little more from the

See Political, page 11

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"Happiness is not something ready made. It comes from your own actions."

~ Dalai Lama XIV



# **USC Overcomes Obstacles**

### By Adam Serrao

The magical world of college football is almost all the way back in action and Los Angeles' very own USC Trojans have been listed as the top team to beat in the Associated Press Top 25 poll. After a two-year bowl ban, the Trojans, under head coach Lane Kiffin, have found a way to stay consistent and stay hot. Surely, the appeal of Southern California can't hurt the recruitment process, but after all of the lost scholarships and sanctions sent down upon the school, one would think that SC would be looking at more desperate times. Instead, the Trojans emerge from the Pac-12 as the favorites and as legitimates BCS bowl contenders. Matt Barkley is back at quarterback after denying what was surely a pick in the top 10 of this year's NFL draft, and he comes back to throw to receivers like Marqise Lee and Robert Woods, to name a few. Yup, the Trojans are back among the heavyweights in this year's college football rankings.

It's not supposed to be this way. What happened to the USC Trojans is supposed to hit a program where it hurts. Cripple a program. Make sure that they will be unsuccessful for a long, long time to come. Instead, however, what it did was give the team time. Time to find itself. In his first year with the club, Barkley may not have been ready to be the best quarterback that he could be. He may not have had all of the pieces around him to make a BCS run. Now, all of a sudden, the team that took the field last year looks mighty, to say the least. Last year, in what was a dress rehearsal, America got to see a contender that still wasn't allowed to contend put on a display of skill that was thoroughly impressive. Now that it's time for the real deal, the Trojans are back and have re-achieved their once customary position of number one--not only the AP, but the ESPN power rankings as well.

"Our goal was just to maximize the situation we were put in," Kiffin can now say in retrospect. "We didn't know exactly what that's going to mean." Well, Kiffin and the Trojans are starting to get a better picture of it. USC is not just a team that is ranked number one at the beginning of the season when rankings mean nothing and one loss can change a whole season. USC is a team that players have been faithful to and not fled the program. Players who are looking for big money, attention and notoriety have all remained faithful to a school

that had no chance at a championship, no chance at the playoffs and no chance at even getting into the limelight for two years. That loyalty and solidarity will make this team one of the best that Southern California has seen in a very long time.

Even still, there are many restrictions placed upon this team. In 2010, the NCAA subtracted 10 scholarships a year for three years from the Trojans. That meant that 2010 would be the worst year for the Trojans. With so few scholarships, USC naturally had fewer players ready to suit up and take the field. Worried about losing even more players to injury before the season started, Kiffin conducted his practices in such a way to limit heavy hitting. When the season began, that was evident as the team could barely tackle and they ultimately wound up with an 8-5 record. This year, it is more of the same. With an estimated 71 players on the team (the maximum amount of players on a team is 85), Kiffin plans to redshirt nine freshmen. That will give the freshmen a chance for a longer career life at USC, but will also concurrently drop the roster of available players down to 62. It goes without saying that the Trojans can afford very few injuries. Case in point, starting defensive end Devon Kennard is already unavailable for a majority of the season because of a torn pectoral muscle suffered during the summer.

That being so and the risk being so high, Kiffin will once again attempt to handle his team with soft hands as to avoid any more unnecessary injuries. "We're going to have to manage it really well by the way we practice, by the way we play in the games, rotations of people, special teams," Kiffin said. "But if you're going to have a really good year with a reduced roster, you've got to have some luck and you've got to find a way to stay healthy." Hopefully luck isn't the only thing that Kiffin is banking on to keep his team's number one ranking throughout the entirety of the season. If you take a walk around the campus and talk to any of the players, you'll soon realize it's not. There is a different buzz around this team and a different energy around the school as the season approaches. With players like Barkley, Woods, Lee and running backs like Curtis McNeal and Silas Redd, it is clear that this team is stacked. USC's window for success may not be too entirely large, but this year that window is wide open as gusts of opportunity breeze right through. •

# **Up and Adam**

# Warriors Look to Take Bay League

### By Adam Serrao

A brand new season brings along with it brand new hopes for the West High Warriors, who open their football year at home on the last day of August this year. Lately, it has been nothing but choppy water for the Warriors when it comes to football, but now is as good a time as any to get the ship back sailing in the right direction. A 6-4 record last year led to a fourth place finish for the Warriors in the Bay League, a standing that head coach Greg Holt and company clearly hope to improve upon this year. If the team is looking to get any better, though, it's going to have to be from within the division as they take on the likes of Mira Costa, Redondo and both Palos Verdes teams, among others.

Perhaps the most glaring weakness in West High's season last year was the inability to beat teams within its own division. At 2-3 in league play, the Warriors' only two wins of the season came in the last two games of the year against Palos Verdes Peninsula and Leuzinger respectively. Peninsula and Leuzinger were the only two teams in the division to finish with worse records than West High. All is not lost, however. In those two games, the Warriors didn't just beat their opponent--they leveled them completely. With a 45-19 win over Peninsula and a 46-0 victory at home to finish the season off against Leuzinger, the Warriors combined for 91 points on offense while only giving up just 19 points in the two games combined. While West was favored to win both games, it wasn't favored by that much. Maybe, just maybe, Holt and his team figured something out there towards the end of the season.

If the Warriors are going to look to carry over any consistency from the end of last year, they are going to have do it against Culver City to start the new season. Fortunately for the Warriors (and their fans), the first game of the year is at home. Last year the Warriors' faithful weren't as lucky, as West traveled to Culver City to open up the season only to come home with a 51-28 loss. In the last three games against the team, West High has only won once while dropping the last two in a row. If the Warriors want to carry over any residual from the way they finished off last year, they will have to come out strong to change the way the tides have shifted in

Culver City's favor recently as the two teams have gone head to head.

Culver City isn't the only team that the Warriors have to worry about this season. Once they get past their first game, the Warriors will basically go through the entire Pioneer League looking for wins. Torrance, South and North High are all on the schedule this year not only looking for hometown supremacy and the right to call themselves the best in Torrance, but also fighting for the number one spot in a division that may be just as, if not more, competitive than the Bay League on a year-in and year-out basis. The Warriors, however, have fared fairly well against the Pioneer League in the not-so-distant past. To take a look at the competition at a glance, the Warriors are 6-2 in their last eight games against the Torrance Tartars; 5-3 in the last eight games against the North High Saxons; and 4-3-1 against the team that might be their biggest innercity competition-- the South High Spartans. If the Warriors can get through that portion of their schedule relatively unscathed, they should be able to enter league play on a roll and in the position to capture the Bay League crown.

The Warriors have not finished in first place in the Bay League since the 2006-'07 season. The closest they've been to first place in that same five-year span was in 2009-'10 when they finished in second place, about three games behind perennial powerhouse Mira Costa. If the Warriors will turn their luck around this year against the rest of the Bay League, they will have to start by taking on and beating the same Mira Costa team that has won the division three out of the last four seasons. That game opens league play on October 5. It won't be easy for the Warriors, as they are 1-6-1 in their last eight tries against Costa.

So the question remains: Do the West High Warriors have what it takes to overcome what has been holding them back in the Bay League over the past five seasons? If the final two games of last season are any indication, then the answer is an easy yes. Unfortunately for the Warriors, it is unlikely that their offense will display the same type of firepower on a consistent basis that saw them outscore their final two opponents 91-19 at the end of last year. Look for Mira Costa and Palos Verdes to lead the Bay League pack once again this year as the Warriors stubbornly nip at their heels, grind out last-minute victories and look for a way into the playoffs to make this year a more successful one than last



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# TerriAnn in Torrance

# **Shake and Bake**

### By TerriAnn Ferren

Did you feel it? Saturday morning at 8:33 a.m., I was awakened by a small jolt that was unmistakably an earthquake. I waited for more rumblings, but nothing came. I looked around the room. Nothing was disturbed. At this point, I began to doubt myself and think that I had dreamt the whole thing, but being an expert in riding out earthquakes, I knew I wasn't mistaken.

Living my whole life in Southern California, I am vested in earthquake detection – at least when they are strong enough to feel. But the small jolt, albeit not a great shake, reminded me that I should update my earthquake preparedness kit at home and in my car. I remember when I was little I would look at the kitchen light which hung from the ceiling to see if it was swinging to be sure if it was an earthquake that I felt. Although we did have "sonic booms" long ago, there was a difference in the shaking of the house



Leslie Cortez. Photo by TerriAnn Ferren.

between an earthquake and a sonic boom. I can remember adults talking about "earthquake weather" and it seemed ominous. I decided to check with other people and see if they thought there was any credence in the notion that the weather could predict the rumblings under our feet.

Sunday afternoon, I asked Leslie Cortez if she felt the earthquake. "I was in bed, taking a nap – it was a long day. I was hot and turning my fan on and opening up all my windows trying to get all situated to cool my house down and I laid down and felt a little shake. I live on the second story on top of a garage unit, so I feel everything twice as much as everyone else. It is hollow



underneath so I felt a little roll and a shake." I asked Leslie if it scared her and she said, "No, the bigger ones usually scare me. We have them so often now if you blink you miss them." Then I asked Leslie if she thinks there is anything to "earthquake weather" and she said, "Could be. A lot of the earthquake experts they think it does, whereas some people who have been studying earthquakes for a long time who aren't scientists say it has nothing to do with it."

Bonniegay Bacon told me she felt the earthquake and so did her cat, Shadow. "She [Shadow] sleeps on the foot of my bed and bolted," Bonniegay said.

The strength of earthquakes is measured by the Richter scale, developed by Charles F. Richter in 1934. The scale goes from 1 – 10, but the scale is limitless and can go beyond the top number we usually imagine as the greatest and the intensity increases tenfold at each advancing number. For example, each

whole number means the magnitude goes up 10 times. So the intensity from a 2.0 earthquake to a 3.0 earthquake is 10 times as great. But most earthquakes are very small and barely felt.

Scouring the news for information on the earthquake that awakened me, I finally discovered from www.earthquake. usgs.gov it was a 3.4 earthquake that hit on Saturday, August 11, 2012 at 8:33:03 a.m. located 33.828 degrees North, 118.571 degrees West, 5.3 miles deep, and 13 miles West of Torrance. The earthquake was centered in the Channel Islands Region of California.

I then decided to check

with the leading authority on earthquakes that I had come to rely on through the years, and that person could only be Dr. Lucy Jones, Senior Science Advisor for the National Hazards Mission of the US Geological Survey. She heads the science planning for natural hazards research and has been a Visiting Research Associate at the Seismological Laboratory of Caltech since 1983. Dr. Jones is an expert in geophysics and seismology and was the calming voice back on April 23, 1992 when the 6.1 Joshua Tree earthquakes hit the South Bay and all of Southern California. Broadcasting on television and radio from Caltech shortly after the quake while holding her sleeping son in his pajamas, Dr. Jones answered questions

about the magnitude, probable aftershocks and all the other questions thrown at her. She brought a calming assurance to everyone, including me. And again in 1994 after the 6.7 Northridge earthquakes, it was Dr. Jones who was the calming voice among the shattered nerves.

Monday morning I was fortunate enough to speak with Dr. Jones in between her varied meetings and busy schedule. I asked her if there is such a thing as earthquake weather and she said, "There is absolutely no correlation whatsoever." She explained to me that psychologically, people want to identify some sort of pattern in earthquakes so they have, as she said, "the illusion of control", but it just isn't so. She went on to tell me that



earthquakes happen many miles down toward the core of the earth and the weather that affects maybe the one mile crust of the earth has no correlation to any sort of earthquake movement. Dr. Jones added that it is interesting to note that we think earthquake weather is when it is hot and still – but our parents/grandparents believe earthquake weather is when it is cold and icy – depending upon where they were when they felt a large earthquake. Somehow, that explanation made a whole lot of common sense. Basically, just because an earthquake happens during one season of the year doesn't mean earthquakes *only* happen during that time.

Born in Santa Monica and raised in Malibu and Westchester, Dr. Jones is married to a seismologist and lives in Southern California. I asked Dr. Jones if she always wanted to be a geologist and she said no. She told me, "I had no physics in college," but after meeting a geophysicist who got her interested in the field she said she got "...completely hooked and read the entire textbook in one week." A graduate with a Ph.D. in geophysics from the Massachusetts Institute of Technology, and a graduate of Brown University (Magna Cum Laude), Dr. Jones has written over 90 papers on research seismology with a focus in physics, earthquakes, foreshocks, and earthquake hazard assessment, especially in Southern California. Coming up this October 18 is the Great California ShakeOut! This is a drill to practice what cities, counties, schools, hospitals, utilities, etc. would need to do or be aware of during an actual earthquake. This program grew out of Dr. Jones' project (ShakeOut Earthquake Scenario) that led to The Great California ShakeOut!

At this point, I decided to check with the City of Torrance and see what our Community Affairs Division Commander, Lieutenant Hector Bermudez, who heads the Community Services, Community Affairs, and Emergency Services (including Earthquake Preparedness) for the City, had to say about the upcoming ShakeOut! Waiting in the vacant lobby of the Torrance Police Department, I looked around at the vintage photographs on an easel next to the information window. I thought about how things have changed since Chief Don Nash was in charge. Things are certainly high-tech now. Lieutenant Bermudez met me and escorted me upstairs to his office inside the police station. The Emergency Operations Center and the Incident Command Center are all located within the Torrance Police Department. All of the departments in the City of Torrance are involved with disaster preparedness. The website, www.torranceca. gov, is filled with all the information on preparation for all aspects of the community - including animals. Actually, I was very impressed with everything the City has done to prepare for emergencies. And Torrance will participate in the Great California ShakeOut! on October 18, 2012 at 10:18 a.m. I encourage

you to check out the website and volunteer for one of the programs available. If you are a ham radio operator, your services are welcome under TARA (Torrance Amateur Radio Association) and if you would like to assist in the City response program, check out CERT (Community Emergency Response Team). Lieutenant Hector Bermudez loves his job and lives in Torrance. He graduated from Narbonne High School and told me he has always wanted to be a policeman.



Lieutenant Hector Bermudez. Photo by TerriAnn Ferren.

"I have four sisters and a younger brother. I got involved with the Explorer Program with the Sheriff's Department when I was sixteen and it gave me the idea that I really wanted to be a policeman. I have been a policeman 19 years. I was assigned to the mall for years, internal affairs and detective," said Lieutenant Bermudez.

All this information on preparing for an earthquake made me do a mental walk through my own preparations. Everything from water to my crank radio is set, but I need to get some sort of preparation kit for my car.

Although the shake last Saturday morning was tiny, it was enough to get me thinking. We all need to make sure we are prepared for an earthquake. And don't forget, although the weather is warm and the wind is still, there is nothing to that notion that it is earthquake weather. Dr. Lucy Jones said so! •

"If you live to be a hundred,
I want to live to be a
hundred minus one day
so I never have to live
without you.
~A.A. Milne,
Winnie-the-Pooh

# The Wheel Deal

# **Budget-savvy summer travel tips**

(ARA) - More than half of vacationers this summer will alter their summer driving leisure plans because of gas prices, according to a recent study by the U.S. Travel Association. Rather than changing family vacation



plans, simply perform some proactive vehicle maintenance to ease the pain at the pump and get the most out of your gas tank.

A few minutes of proactive maintenance, including checking and replacing oil and spark plugs at recommended intervals, can often improve fuel efficiency, according to AutoZone.com. Many motorists are unaware that simple routine maintenance can not only get you to your destination safely, but can help get the most out of your gas dollars.

To help motorists maximize their fuel economy on their summer road trips, AutoZone is offering these tips.

\* Switch to a synthetic motor oil. Consider changing to a quality, synthetic oil such as

Mobil 1 Advanced Fuel Economy. For the everyday driver, synthetic motor oils deliver up to 2 percent fuel economy improvement. (Comparison based upon 2 percent potential fuel economy improvement obtained by switching from higher viscosity oils to a 0W-20 or 0W-30 grade. Actual savings are dependent upon vehicle/engine type, outside temperature, driving conditions and your current engine oil viscosity.)

\* Check and maintain all fluid levels. These fluids include engine oil and transmission fluids. And be sure your antifreeze/coolant is up to the task for hot summer temperatures to prevent engines from overheating. Replace fluids if needed, according to recommended service intervals.

\* Replace spark plugs, oxygen sensors and air filters as recommended. Spark plugs can affect fuel efficiency, emissions and economy. As spark plugs wear, they do not burn fuel as cleanly, which is why it is important to change spark plugs at the proper interval. Motorists should purchase the correct type of spark plugs and replace them at the interval recommended by the manufacturer. If the owner's manual has been lost, many websites, such as the National Car Care Council's website www.carcare.org, offer a recommended maintenance schedule for vehicles.

Replacing oxygen sensors can significantly improve gas mileage. Check and replace one-and two-wire sensors every 30,000 to 50,000 miles and every 60,000 to 100,000 miles for "heated" type oxygen sensors.

Replacing a clogged air filter can lead to increased performance and acceleration. Air filters should be checked at every oil change.

\* Be proactive. Proactive checks and preventative maintenance of critical engine components can be the difference between staying on the road and being stranded on the roadside.

\* Be prepared. Visit an automotive retailer such as AutoZone to purchase a roadside emergency kit. Also keep items such as a tire pressure gauge, spare serpentine belt and jumper cables handy.

\* Extreme temperatures can mean battery failure. Corrosion caused by heat is the leading cause of battery failure, and batteries often do not give noticeable warning signs if they're about to fail. Retailers such as AutoZone offer free battery testing in most states.

For a total budget-savvy summer travel solution reference, AutoZone's Trip Smart 2012 Travel Guide can be found at: http://www.autozone.com/autozone/landing/page.jsp?name=trip-smart-travel-guide. The guide, sponsored by Mobil 1, lists the best U.S. vacation destinations to visit on a budget and incorporates gas-saving and summer efficiency tips. Remember to take care of your vehicle before you hit the road, so your vehicle can take care of you.

Drivers seeking more information about taking a "Smart Trip" this summer can visit www.autozone.com for car care tips and maintenance how-to videos or to download a free copy of the Trip Smart 2012 Travel Guide.•

# Ask George

# Expert Answers to Common DMV Questions By George Valverde –

Director, California Department of Motor Vehicles

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For more information regarding requesting information through the DMV, please visit. http://www.DMV.ca.gov/faq/genfaq.htm And scroll down to: How to get a copy of someone else's driver license, ID card, vehicle or vessel record.

"I am not young enough to know everything."

~ Oscar Wilde



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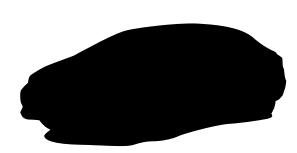
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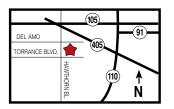
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# FOOD & DINING

# Grilled Tuna Sandwich with Lemon-Chili Mayo

Sturdy "country-style" bread works best for this healthy tuna sandwich recipe with watercress and chili-mayo. Eat the tuna sandwich warm, straight off the grill, or wrap it up and pack it in a cooler for a picnic dinner. Serve with grilled bell peppers drizzled with extravirgin olive oil and vinegar and a glass of Sauvignon Blanc.

Servings: 4 servings Total Time: 35 minutes Ease of Preparation: Easy

Health: High Fiber, Low Sat Fat, Low Cholesterol, High Potassium, Heart Healthy **Ingredients:** 

8 slices whole-wheat or sourdough bread 3 tablespoons canola oil 2 8-ounce tuna fillets, about 1 inch thick

1/2 teaspoon plus 1 tablespoon chili powder, divided

1/4 teaspoon salt

1/2 cup low-fat mayonnaise

1 teaspoon freshly grated lemon zest

1 tablespoon lemon juice

3 cups watercress or baby arugula, tough stems removed

Steps:

1: Preheat grill to medium-high.

2: Lightly brush bread slices with oil. Brush tuna with the remaining oil and sprinkle with 1/2 teaspoon chili powder and salt.

3: Grill the tuna, turning once, until cooked through, 4 to 6 minutes per side. Transfer to a clean cutting board. Grill the bread, turning once, until beginning to brown, about 1 minute per side.

4: Combine mayonnaise, lemon zest, lemon juice and the remaining 1 tablespoon chili

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powder in a small bowl. Thinly slice the tuna with the grain.

5: To assemble the sandwiches, spread about 2 tablespoons of the lemon-chili mayonnaise over 4 slices of bread. Top with about 3/4 cup watercress (or arugula), the tuna and the remaining slices of bread.

Nutrition: (Per serving) Calories -442 Carbohydrates - 32 Fat - 19 Saturated Fat - 2 Monounsaturated Fat - 9 Protein -36 Cholesterol - 52 Dietary Fiber - 5 Potassium - 781 Sodium - 753 Nutrition Bonus - Vitamin A (33% daily value), Magnesium (24% dv), Potassium (23% dv), Vitamin C (22% dv), Iron (16% dv).

Wrap and refrigerate the sandwiches for up to 4 hours.

By EatingWell, Courtesy of Arcamax.com •



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# Council

# from front page

McCune whether alternative fuel vehicles will have to pay the toll or if they would count as a "solo carpool" like they currently do. He noted that the State Kegislature is working on a bill that would exempt alternative fuel vehicles from tolls on high occupancy toll lanes. However, McCune pointed out that the pilot program would be exempt from the State bill. If the ExpressLanes project becomes a permanent part of the 110 and 10 freeways, it would have to allow alternative fuel vehicles to use them toll-free. "They can use the lanes and use FasTrak like every other vehicle," said McCune. "If they are driving solo they have to pay the toll. If they are carpooling, they don't have to pay the toll. After the demonstration, if the program continues then they will then be allowed back into the lane as a solo carpool."

McCune ended her presentation by telling the public that they can find more information on the ExpressLanes and sign up for a FasTrak account online by visiting metroexpresslanes. net, by calling 511, or by visiting a walk-in center (the nearest being 500 W.190th Street in Gardena).

The Council also accepted a report from the Citizen Development and Enrichment Committee that held a meeting on August 13 to discuss the budgets of the Madrona Marsh, the Torrance Art Museum, the Senior Citizen Excursion program, subsidy levels for community services and marketing support for cultural services classes. There was some controversy over the discussion of the Madrona Marsh budget. According to multiple members of the Council, hundreds of citizens believed the Madrona Marsh was about to be closed, a claim Scotto rejected as a baseless rumor. He chastised the anonymous creator of the rumor for derailing the budget talks. Because of the concern over the marsh, other topics were only discussed briefly, including the popular Senior Citizen Excursion program, which is currently unavailable due to budget constraints. Councilmember Pat Furey lamented the fact that there wasn't time to give each topic and each speaker the attention they deserved. "It's unfortunate that we had so many topics on the agenda with so many people who wanted to be heard," said Furey. "I wish we had time to devote to each and every one of them." The committee meeting results were accepted and filed with no action on the Council's part. •

# One Man's

from page 5

making this race a referendum on his administration's follies and identifying his philosophies as a destruction of American ideals.

"Our party's platform will show a reverence for religion, individual responsibility and private enterprise as the cores of our societysharply contrasting with the Obama positions on secularism, government domination and a denigration of private enterprise.

"At our Party Convention, we will attack Obama on every front, and as Sarah Palin urged us to do, 'set our hair on fire.' As the keynote speaker, Chris Christie will ignite enthusiasm from the moderates as Ryan has ignited the conservatives. This event will unite the GOP with a level of enthusiasm the left cannot equal.

"We will use our now superior financial resources to build our momentum day-by-day and issue-by-issue to reach a crescendo in November. Our allied independent Super PACS will carry the negative attack segment of the campaign while the Romney campaign will carry the positive policy side of the campaign, ignoring the Obama 'spitball' campaign for the presidency. As Newt Gingrich said, 'Every day, Obama diminishes himself and the office he holds.' To paraphrase Bill Clinton, soon the era of big government will truly be over."

With that conclusion, the cat doffed his helmet and bowed to the stunned and adoring neighborhood. •

# Political from page 5

ex- Chicago land community organizer when he gave his compelling inauguration speech some three-plus years ago?

Said some Demo vitriol after the Ryan selection: "A Romney/Ryan ticket is sure to take us back and repeat the same catastrophic mistakes that got us into the mess we found ourselves in the first place."

Shrewd move, link the Romney/Ryan ticket to the Bush era failed financial policies. Which may resonate with some folks. Whether the accusations are true or not.

So what do we have to look forward to, politically wise, in the run-up to the election? One of the top-tier candidates decrying the obscene gouging that is currently happening to us petrol whores as we continue to get mary a quarter in the slot. •

bent over at the pump by Big Oil whenever they stage another well-planned-out refinery fire? Probably not. Or a drop in the obscene fees that the states are charging our kids to matriculate to college. Ha! Heard something about the fact that some cities out there were actually considering limiting the gouging that they do with their parking meter scams...That would be welcome. Don't see too many rip-off parking meters in Mayberry. Think the last time I saw a meter, I was parked on the top level in the lot outside of the now-defunct Cooke's market, watching, among other sites, the setting of a beautiful sunset gazing north towards the iconic Hollywood sign perched way above the tumult of the 405 north freeway. And I dropped

# A drunk driver ruined something precious. Amber Apodaca.

# Friends Don't Let Friends Drive Drunk.





# **Finance**

# How to Save on Back-to-School Shopping

### By Jason Alderman

On the fun-o-meter, I'd probably rank back-to-school shopping right above getting a flu shot and preparing income taxes. Never mind the hassle of figuring out what our kids need for the coming school year and dragging them to the mall, it's just so expensive.

For example, our son insists that we replace his baseball glove and bat as he enters 7th grade. (He's right – his four-year-old mitt has seen better days.) Also, our daughter is starting soccer and needs cleats – good ones aren't cheap and footwear is one area where we refuse to scrimp.

Many years ago my wife and I learned our lesson and started setting aside money each month for the inevitable – and unexpected – expenses that crop up each fall. By trial and error – and sound advice from fellow parents – we've developed a back-to-school budgeting checklist:

First, calculate how much you can afford to spend on school-related expenses without blowing your overall budget or racking up debt. Scoring bargains won't help your bottom line if you end up paying interest on unpaid balances.

Next, make a comprehensive list of anticipated expenses for each child and build in a cushion for unexpected costs. Try these strategies:

- Examine previous years' bills and compare notes with other, more experienced parents.
- Ask the school which supplies they expect you to buy. Pool resources with other families to take advantage of volume discounts and sales.
- Spread clothing purchases throughout the year so your kids won't outgrow everything at once; plus you can take advantage of offseason sales.
- Review school dress codes so you don't waste money on inappropriate clothing.
- Before buying new clothing or accessories, look for "gently used" items in the closets of your older kids, friends and neighbors, at

garage sales, thrift and consignment stores, and sites like Craig's List.

• Find out how much extracurricular activities (athletics, music, art, etc.) cost. Account for uniforms, membership dues, private

lessons, field trips, snacks, etc.
• Compare the cost, convenience and nutritional value of school lunches and snacks versus food

you prepare yourself.

- Learn your school's policy on immunizations and see what's covered by your insurance or which ones you can access free at health fairs or community clinics.
- Factor in public transportation, school bus or carpool expenses.
- Although shopping online can save money, time and gas, don't forget shipping and return costs, which could undo any net savings. If your kids are old enough, put them in charge of online comparison shopping.
- Clip newspaper and online coupons. Many stores will match competitors' prices even if their own items aren't on sale. Plus, many consolidation websites post downloadable coupons and sale codes for online retailers.
- Mobile shopping apps let in-store smartphone and mobile browser users scan product barcodes and make on-the-spot price comparisons, read reviews, download coupons, buy products and more.

Some parents wrestle over whether or not to take their kids on shopping trips. I think it's worth the effort so they can hear and absorb your decision-making process and understand what's available to spend. My kids are probably sick of hearing me say, "I'm going to buy this brand of underwear because it's cheaper, which will give us more money to buy a better-quality jacket."

Bottom line: Back-to-school shopping can be tedious, but if you plan carefully, you can save time, money and aggravation.

Jason Alderman directs Visa's financial education programs. To Follow Jason Alderman on Twitter: www.twitter.com/PracticalMoney.

from page 3

# Style

about for years. "I think most of all I wanted to showcase myself as a whole being--not just my style," she said. "I feel like I portrayed that in my video for Project Style. The outfit I put together was based solely on what I like and what I find comfortable and not so much by trend. Realistically, who wears knits during the summer? I do, because that is what I like. I wouldn't say that I necessarily like to follow trends, but I do like to keep up with them and incorporate a few trendy pieces into my wardrobe from time to time. Overall I dress in clothes that I like and that I feel comfortable in. The ultimate goal was for people to get a sense of who I am and what I like to wear."

However, the competition is open to everyone and organizers encourage anyone committed to fashion to enter, even if they lack experience. "Typically we will choose people who feel like they have a real fashion sense, who might be interested in certain designers, but mostly they have to have a fashion sense and they must feel like they have their own style," Marraffino said. "They have to want to pursue fashion in one form or another. We are a shopping mall and our focus is fashion and so we just wanted to look at a different way for people to express their fashion, versus just coming to the mall and shopping. We just wanted to create more of a fashion experience for our guests."

For Gonzalez, who maintains a calm demeanor with regard to competing, she goes into the final round not feeling pressure about the possible outcomes. "I am very relaxed," she said. "To me, style is effortless and fun. It should never be forced. I'm excited for

the final round. I already know what look I want to go for. I'm hoping to give people a little insight of my style and give people a few styling tips."

More information about the contest is available at www.southbaygalleria.com/project-style. •



Jennifer Gonzales was selected from a pool of more than 50 candidates. Gonzales won a spot as a Project Style finalist by achieving by receiving more than 150 votes to win round two. Photo courtesy of Jennifer Gonzales.

# **Seniors**

### **Bv David Saven**

If you're having a medical emergency, the best thing you can do is get to the nearest hospital. But if you need non-emergency treatment, and you have time to plan, how do you find a hospital that best fits your needs?

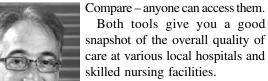
A good place to start is the Medicare website, www.Medicare.

gov. There you'll find an easy-to-use tool that has quality-of-care and patient- satisfaction information on more than 4,000 hospitals around the country that participate in Medicare and Medicaid.

The tool is called Hospital Compare. We have a similar, user-friendly tool - Nursing Home Compare - to find skilled nursing homes. More than 17,000 skilled nursing facilities in the United States are listed. We recently redesigned and added more information to both tools.

Hospital Compare and Nursing Home Compare have two purposes. One is to help people make good decisions about where they get health care. By making quality-of-care information easily accessible to the public, we also hope to encourage hospitals and skilled nursing homes to improve their performance. You don't have to be enrolled in Medicare to use Hospital Compare or Nursing Home

# **Picking the Right Hospital for You**



Hospital Compare shows, for example, how often and how quickly hospitals give recommended treatments for heart attack, heart failure,

pneumonia, and children's asthma. It also shows the percentage of patients who developed serious conditions such as bloodstream infections and bed sores while in the hospital. Such conditions are often preventable, if the hospital follows best practices.

You can find out how often patients returned to the hospital with the same condition, and how that rate compares with the national average.

We recently began posting information on how often a hospital uses imaging procedures such as CT scans or MRIs on patients with Medicare. That's important because some imaging tests carry potential health risks, including unnecessary exposure to radiation.

Hospital Compare also lets you read the responses of patients to a detailed questionnaire that asks about their experiences and level of satisfaction.

The questions include how well doctors and nurses communicated with patients, and whether patients' pain was well controlled. Patients also are asked if the hospital kept their room clean, and whether they received information in writing about what symptoms or health problems to look out for after they were discharged.

Finally, patients are asked to rate their overall hospital experience on a scale of zero to 10 - and if they'd recommend that hospital to a relative or friend.

Nursing Home Compare shows the results of health inspections and provides information on staffing, including the number of nurses, physical therapists, and nursing assistants at each facility. It also has a variety of measures that describe the quality of care in skilled nursing homes,

such as the frequency of pressure sores and urinary incontinence.

And we're now posting the full text of our inspection reports, so you can read in detail about any problems that were found at a specific nursing facility.

To find Hospital Compare and Nursing Home Compare, go to www.Medicare.gov and scroll to the bottom of the page, under "Resource Locator." We also have compare tools for home health agencies and dialysis centers.

If you don't have a computer, you can call us, toll free, at 1-800-MEDICARE. We'll help you get the information you need.

David Sayen is Medicare's regional administrator for Arizona, California, Hawaii, and Nevada. You can always get answers to your Medicare questions by calling 1-800-MEDICARE (1-800-633-4227). •

"When one door of happiness closes, another opens; but often we look so long at the closed door that we do not see the one which has been opened for us." ~ Helen Keller

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821 Pepper St. ES. Sat., 8/25 7 a.m. - 5 p.m. Complete home furnishings.

### GARAGE SALE

815 Eucalyptus Dr., Sat., 8/25, 8 a.m. Furniture, computer equip., clothes, toys-games, kitchenware,

405 Center St. (Back House) ES. Sat., 8/25, 8 - 11 a.m. Bikes, luggage, fish tank, DVD's, wall unit, misc.

861 Maryland St. ES. 8/25, 8:00 a.m. to 1:00 p.m. Multi-Family Sale. Printers, children's clothing, toys, household goods, lots of other stuff. 711 W. Sycamore Ave. ES. Sat., 8/25, 6:30 - 10:30 am. Clothes, shoes, books, CD's, small furniture, lots of great stuff.

### HELP WANTED

Part-Time Reported needed. Herald Publications is looking for part-time reporter. Coverage areas would include El Segundo, Torrance, Inglewood, Hawthorne and Lawndale. Applicants must be available approximately 20-30 hours a week, \$15/hr, must have a car and be familiar with Mac computers and it's word programs. Interested parties please email your resume to management@heraldpublications. com. No calls please.

### House for Rent

2BD, Spanish cottage in ES. F/p, dine/rm., patio, fenced yd, 1 car gar, w/d, stove, fridge. 2 blks. to beach, quiet area. \$1950/mo.+ \$1500 dep. Ávail. 9/1. (310) 322-8099.

4BD/3BA. EXECUTIVE HOME in prime El Segundo location. Partially furnished. Contact (310) 560-2011 for further information on property.

### ROOM FOR RENT

ES Loft w/own shower and separate entrance. All utilities/laundry paid. \$900/mo. Call Barbara (310) 242-3758.

### SEEKING EMPLOYMENT

15 yr. ES resident seeks additional income. UC Davis Grad. B.A. Mgmt. Solid skills, agency-trained aide/ assistant/caregiver. Call/Text Mike at (310) 902-4530.

"Don't cry because it's over, smile because it happened."

~ Dr. Seuss

# **CLASSIFIED AD FORM**

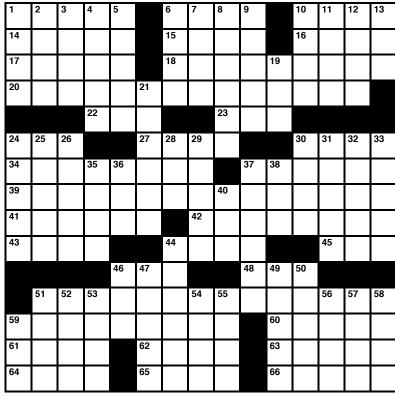
The deadline for Classified Ad copy and payment is at Noon on Tuesday. We reserve the right to reject, edit, and determine proper classification of classified ads. E-mail ad copy to: classifieds@heraldpublications.com. Include Visa or M/C number along with billing address and phone number. You may also pay by cash or check.

PAYMENT MUST BE RECEIVED BEFORE AD IS PUBLISHED!

RATE	S: De	adline T	uesday	at NOON
	1 Time	2 Times	3 Times	4 Times
3 Lines	\$40	\$50	\$60	\$70
4 Lines	\$45	\$55	\$65	\$75
5 Lines*  * Additional line	\$50	\$60	\$70	\$80

AD COPY:	<u>C</u> A	ATEGORY	<b>/:</b>	
Jame:		My ad w	vill run for	weeks
Address:		I have en	closed \$	
Name:Address:		I have en	closed \$	
Address:		I have en	closed \$	

# WEEKLY CROSSWORD See Answers Next Week **Pulling Rank**



### **ACROSS**

- 1. Indian martial art
- 6. Calculate astrologically
- 10. Exploitative type 14. Old war story
- 15. Unattractive tangelo?
- 16. Bad idea
- 17. Sugar \_
- 18. Happiness
- 20. Eton and Epstein, e.g.
- 22. Blonde shade
- 23. Vietnamese musical instrument 24. Relax
- 27. "My bad!"
- 30. For fear that 34. Rosary recital
- 37. Sharp
- 39. Post office department
- 41. For her and him 42. Interpretations
- 43. Fix firmly
- 44. Start of an idea
- 45. Congeal 46. Canal locale
- 48. Pie in the sky?
- 51. He leads a band 59. Large, flightless bird

62. Ancient Andean 63. Fat

60. Short musical piece

61. Greek earth goddess: var.

- 64. Tolkien creatures
- 65. Observer
- 66. Beats it

### DOWN

- 1. Favor one side? 2. Banned orchard spray
- 3. Dwelling: var.
- 4. Confection
- 5. Bean products?
- 6. Die
- 7. Seasons
- 8. Is remiss
- 9. Church offering 10. Biblical connector
- 11. Music category
- 12. Expires
- 13. Beluga yield
- 19. H+, e.g. 21. Where the heart is
- 24. Hard to pin down
- 25. Media attraction
- 26. Photo finish?
- 28. Engine need

- 29. Man with a mission 30. Son of Jacob and Leah
- 31 Ralances
- 32. Conductor Koussevitzky
- 33. Assignation 35. Entanglement
- 36. It may follow you
- 37. Go quiet
- 38. Maximum
- 40. Suffix with auction
- 44. Apple variety 46. Mania starter
- 47. Cliffside dwelling
- 49. "\_\_\_ So Good," Mangione
- song
- 50. Sight-related
- 51. Brand, in a way
- 52. Grand 53. Handwoven rugs
- 54. Riviera city
- 55. Rimsky-Korsakov's "The Tale
- of \_\_\_ Saltan" 56. Insect stage
- 57. Trim to fit, maybe 58. Catsup and strawberry
- 59. Opposite of hence

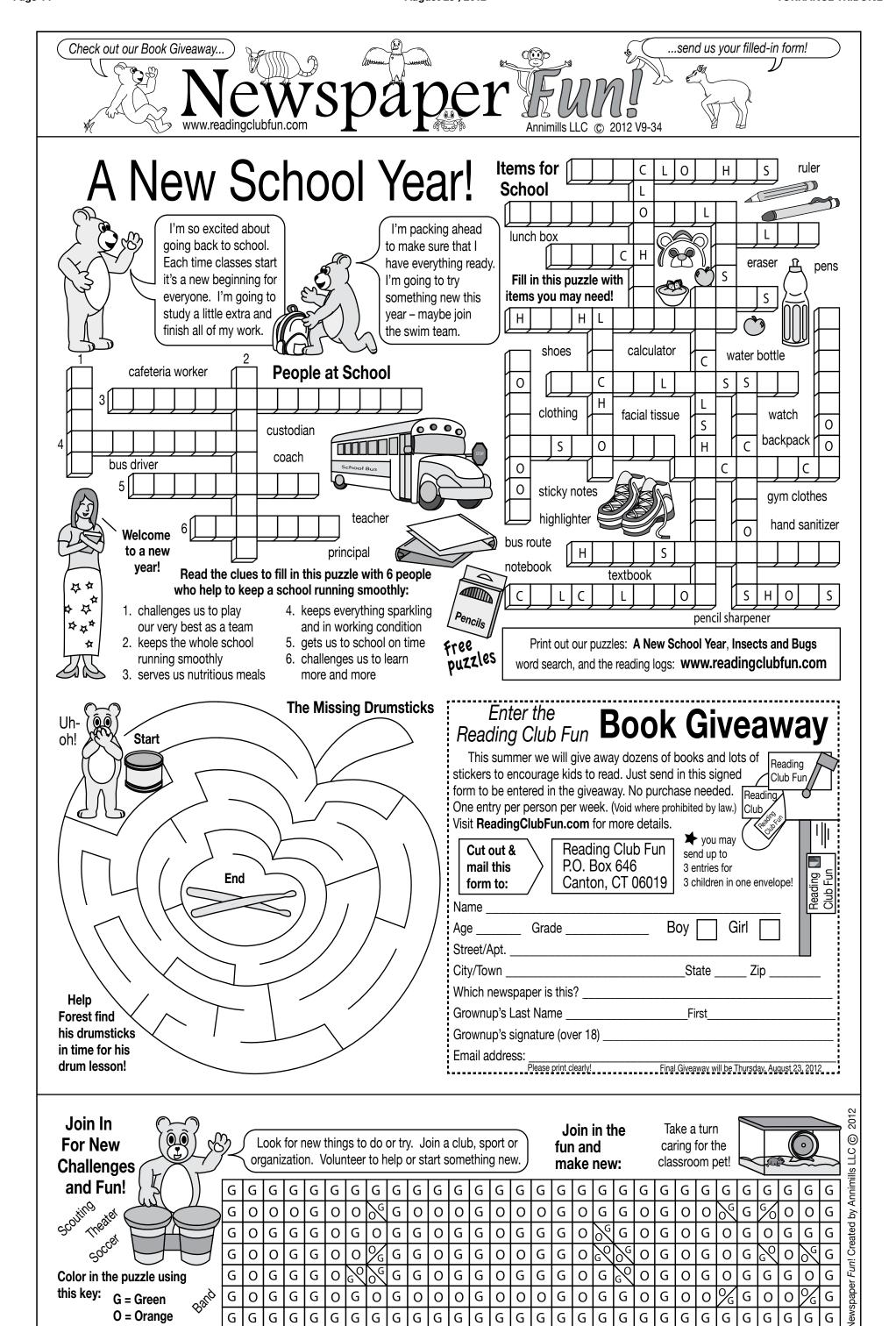
# Last Week's Answers

L	Α	M	Α		P	Е	S	T	S		0	Р	E	D	5	3	8	6	7	2	1	9	4
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Р	Ι	Т	Α		S	ပ	Α	ᆚ	Е		ပ	R	Ε	W	9	2	4	5	8	1	7	3	6
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			R	Α	s	Ρ		F	L	0	Ρ				7	1	6	4	9	3	8	2	5
Α	T	T	Α	R		Ε	Α	R		L	Υ	М	Р	Н	8	7	5	3	1	9	6	4	2
W	Α	R	М	Т	0		N	Ε	Ε			Е	R	Е	0	,	J	٦	ı	J	٥	†	_
F	R	Е	s	Н	٧	Е	G	Е	Т	Α	В	L	Е	s	6	9	2	7	5	4	3	1	8
U	S	Ε			Α	Р	Ε		Α	D	0	В	Е	s									
L	I	s	L	Ε		Ε	L	F		I	N	Α	N	Ε	1	4	3	8	2	6	9	5	7
			U	S	S	R		Α	S	Е	Α				4	5	1	9	6	7	2	8	3
С	Н	Α	М	Р	Α	G	Ν	Ε	L	U	Ν	С	Н			J	<u> </u>	٥	U		_	0	J
Н	Ε	R	В		I	N	U	R	Ε		Z	Ε	Α	L	3	6	9	2	4	8	5	7	1
U	R	G	Ε		G	Е	Ν	ı	Ε		Α	N	Т	ı									
В	О	0	R		Α	s	s	Е	Т		s	Т	Е	Р	2	8	7	1	3	5	4	6	9

# SUDOKU Medium

				5			4	
			1	8				6
	2	7			4			1
	8	4			3	1	6	
		3		4		8		
	9	6	8			2	3	
5			4			7	9	
9				3	2			
	7			6				

Each Sudoku puzzle consists of a 9X9 grid that has been subdivided into nine smaller grids of 3X3 squares. To solve the puzzle each row, column and box must contain each of the numbers 1 to 9.



# PETSPETSPETSPETS

After a two-week summer break for our volunteers, we look forward to seeing you this Saturday! When you adopt a "pet without a partner," you give a homeless pet a second chance in life.

Chica is a gorgeous, sweet little girl who was born on August 2, 2011. A tool



chest fell on her and broke her leg, which needed to be pinned back together. Her owners could not afford her surgery, so they surrendered her to their vet. We paid the bill and Chica got her surgery. Chica's mother was a purebred Shih Tzu and her father was a purebred Toy Poodle. Chica is what we call a Shih-Poo. She is sooooo sweet--just a very nice dog. Her leg will heal up just fine, her pins will come out and she will be running around just fine. Chica is spayed, current on all vaccinations, de-wormed, microchipped, good with other dogs, good with kids, and cat-safe. If you would like to help, we are looking for donations to help offset the \$1,700 for cost of her surgery.

While our volunteers took a short break, another rescue group picked up these adorable puppies! There are three beautiful, female Chihuahua/Dachshund mix puppies who are 13 weeks old, and a terrific litter of four female and four male Poodle/Terrier mix puppies who are 10 weeks old. To learn more about these puppies only, please send an email to MVitto2@aol.com or view them



Chihuahua/Dachshund mix puppies

on the website at Doggies911rescue.org.

To learn more about these and other wonderful dogs, visit our website at www. animalsrule.org. If a dog is on our website, it's available. Or come to our Saturday adoption events from 11 a.m. to 3 p.m. at 305 North Harbor Boulevard in San Pedro (just off the 110 near the cruise port). We are always in need of donations for veterinarian bills and our senior dogs. Donations can be made through our website or by sending a check payable to: Animals Rule Placement Foundation at 305 North Harbor Blvd., San Pedro, CA 90731. All donations are tax-deductible. We are a registered 501©3 non-profit organization.

Saving one animal won't change the world, but the world will surely change for that animal. •

# Pets Without Partners Purrrfect Companions

These fun felines are just two of the many kittens and cats available thru Kitten Rescue. Looking for a boy or girl, a Calico or a sleek, black beauty...just let us know--we are sure to have your "purr-fect" match.

Dinky was rescued from Downey shelter along with his twin sister, Doodlebug. These two sweethearts were saved from death just in time and now are seeking a loving, forever home. Dinky can often be found sleeping on your bed, though like all cats he likes to be unpredictable just to keep things interesting. Dinky is a very relaxed guy, taking everything one day at a time. He definitely has his own mind and wants cuddles and petting on his own time. In that way Dinky can be a bit reserved, as he waits to be sure you are safe before asking for some love. He has a wonderful purr and will occasionally talk to you. Being so young still, Dinky has a lot of energy and loves to play. Dinky likes other cats and especially Doodlebug. Dinky would be far too lonely as an only kitty, so he would like a home with another cat or

occasionally meow to let you know what's going on with her. She and her brother are both very quiet kitties. Doodlebug has a nice amount of energy and since she is still so young, she loves to play with everyone. When nap time rolls around, Doodlebug can be found curled up with her brother or another kitty friend. She loves to wrestle around with other cats and can also be found grooming others.

These kittens/cats are available for adoption through Kitten Rescue, one of the largest cat rescue groups in Southern California. All of our kitties are spayed/neutered, microchipped, tested for FeLV and FIV, de-wormed and current on their vaccinations. For additional information and to see our other kitties, please check our website at www.kittenrescue.org, or email us at mail@kittenrescue.org. Your tax-deductible donations for the rescue and care of our cats and kittens can be made through our website or by sending a check payable to Kitten Rescue, 914 Westwood Boulevard, #583, Los Angeles, CA 90024.



Dinky and Doodlebug

to be adopted with a buddy.

Doodlebug is a touch more cuddly than her brother. She will come over to ask for pets when she feels like it and she has got a beautifully silky coat that is just made for petting. She isn't pushy--which is very nice, as she can be content just hanging out with you. Her purr is super-sweet and she will

On Saturdays, we have adoptions from noon to 3:30 p.m. in Westchester at 8655 Lincoln Boulevard, just south of Manchester Avenue, and also in Mar Vista at 3860 Centinela Avenue, just south of Venice Boulevard. Our website lists additional adoption sites and directions to each location.

Be kind. Save a life. Support animal rescue. •

"IF ANIMALS COULD SPEAK, THE DOG WOULD BE A BLUNDERING OUTSPOKEN FELLOW; BUT THE CAT WOULD HAVE THE RARE GRACE OF NEVER SAYING A WORD TOO MUCH."



Poodle/Terrier Mix Puppies

# <u> Happy Tails</u>

# Wilma Finds Forever Home with Dan and Shari

Wilma deserved a home with someone who would appreciate her inner "gentle giant." She scored when she found her forever home with Dan and Shari. Both Wilma and Dan sent us a note...

"Got settled in around the house. Then Dad walked me all over the place. I got to know lots of neighborhoods and new smells, got some tasty treats and saw lots of other dogs and people too. Near the end of our walk, we laid in the grass at the park, soaking up the sun in the cool breeze. Then we visited some friends down the street til Mom got home, then had dinner, then took our evening walk. I'm bushed!" -- Love, Wilma.



"On a side note, your rescue team is clearly... one of a kind. Over the course of my intro to Animals Rule, I've seen personal attention and interest given to all the animals within your care. Saturday's Adoption Day is among the top we've ever seen and you all go to great lengths to make sure each and every one gets a home. Having our baby is proof. If you/or the team ever need anything that I can lend a hand in, never hesitate to ask..." -- Sincerely, Dan H.

When you adopt a "pet without a partner," you will forever make a difference in their life and they are sure to make a difference in yours. •

# Rea Estate

# **Growing Families Looking for Larger Homes**

(ARA) - More and more households have extended family living together under one roof, and the tight fit has some families in the market for a larger home.

From 2007 to 2009, there was a 10.5 percent increase in multigenerational homes that translates to 51 million Americans, or 16.7 percent of the population, who lived in homes with at least two generations of adults, according to a recent report from Pew Research Center. If your household is growing and you're looking for a larger space to accommodate your needs and family size, the housing market is in your favor. Low prices and attractive interest rates have created an opportunity for anyone looking to make a larger housing purchase.

As multi-generational living becomes more prevalent, builders and re-modelers have found a niche market in creating homes designed to fit the lifestyle. For the "Sandwich Generation," a generation of people who are caring for their aging parents while supporting their own children, there are advantages to having children and grandparents under one roof such as sharing of household responsibilities and finances and increased focus on family time together. With these advantages, however, there may be a need for a larger home to accommodate a growing family.

A recent TD Bank survey found that of respondents who were planning to sell their current home and buy up, one-third attributed it to a larger or growing family. To finance a bigger home purchase, you can look to a jumbo mortgage. Jumbo mortgages are home loans that are bigger than normal. Normal varies by location, but in most housing markets, it's more than \$417,000.

# Choosing the right fixed rate fit

Fixed rate mortgages are currently at historic lows. These loans provide comfort and security though payments spanning 15 or 30 years. If you're planning to stay in your home for a long period time, they may be a good option.

# Adjustable rate mortgages for your lifestyle

If you're not looking to own your home for an extended period of time, an adjustable rate mortgage may be the best fit for your lifestyle. An adjustable rate mortgage can allow you to save money if you're able to pay down your mortgage over a one-, five-, seven-, 10- or even 15-year period. Some lenders offer significant flexibility in the length of the loan and the frequency of rate adjustments in their ARM products. For example, a 5/5 ARM has the interest rate which remains stable for five years and then readjusts once every five years after that. Finding the right loan is important as even a 1 percent interest rate reduction created by taking out an adjustable rate mortgage may create sizable savings without necessarily sacrificing security.

### Refinancing your home

Payback financing options, or piggyback options, allow for a second mortgage or home equity loan to be taken out by a borrower at the same time the first mortgage is started or refinanced. Some banks may offer a piggyback option but you might see a higher blended interest rate. Portfolio lenders, like TD Bank, can help minimize the down payment and interest rate. Portfolio lenders are able to do this because they don't sell their loans to third-parties, resulting in more affordable, flexible home financing options for a borrower.

### Qualifying for your loan

Qualifying for a jumbo mortgage does require stronger credentials, so be prepared for the process. Though the process can be more rigorous, some banks like TD Bank treat jumbo mortgages as they treat other mortgage products, guaranteeing a decision on the loan in less than 24 hours. A quick decision can help buyers close sooner or move faster when making an offer on the property they are looking to buy.

Overall, the residential mortgage landscape is experiencing gradual improvements, with housing prices stabilizing and even improving in some markets. If you're looking for a larger space to accommodate your growing family, consider beginning your home buying process now. When looking into lenders, consider a portfolio lender, who can offer flexible terms and lending guidelines, to best fit your unique borrowing needs. •

"Amateurs hope.
Professionals make it happen"
~ Garson Kanin

# Three ways to give energy savings in your home



(ARA) – "Red means stop, green means go" – we learn that axiom as children. When it comes to home energy costs, however, going green can help homeowners put a stop to runaway utility bills. And maximizing your home's use of natural light – call it "green lighting" – is a great way to boost your home's energy efficiency.

Here are three ways you can put Mother Nature to work, and use natural light to lower your energy costs:

### Minimize use of artificial lighting

Anyone who's ever paid an electrical bill knows that the simple act of turning on a light can directly impact your monthly expenses. Homeowners looking for a long-term way to power down their lighting costs may consider Energy Star-qualified skylights a good investment. While skylights' cosmetic appeal can't be argued, their value goes far beyond good looks.

By admitting natural light into your home, skylights can help reduce use of artificial light sources – and help you save on electricity costs. Pair powered venting skylights that come with automatic rain sensors with efficiency-enhancing accessories like designer blinds (available in a varied palette of colors and patterns), and you can improve energy efficiency as much as 37 percent,

# Reduce hot water costs

Long gone are the days when solar powering your home was an idealistic, but impractical dream. Solar technology is more useful, accessible and cost-effective than ever. Solar water heating systems are becoming mainstream, and offer homeowners a great, green way to trim energy costs. What's more, the cost of installing these systems has been steadily declining as the technology advances, and

you may find adding one makes you eligible for tax credits or incentives from your local, state or the federal governments.

### Make home a healthier place

Every year, ill health costs the U.S. economy billions of dollars, experts say, and your own health woes can have a significant impact on your pocketbook. The health benefits of natural light are well-documented, from reducing the symptoms of Seasonal Affective Disorder (SAD) and promoting the body's production of Vitamin D, to improving mood and even learning ability.

Simply opening blinds and curtains to admit more natural light can directly affect the mood inside your home – not to mention the mental state of the people living in it.



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Roger Hart (left) with sons: Kevin; Jeremy and his wife Stephanie; and Bradley with his wife Alannah. The Hart family has used its successful business to promote and preserve pride in the Torrance community through responsible real estate transactions and home ownership.

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Alannah Hart — Office Manager/Agent

**Brad Hart** — Online Advertising Specialist/Agent

Jeremy Hart — Network Marketing Specialist

Roger Hart — Broker with 35 Years Experience



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